

# Making Healthy Living Easier

## Community Transformation Grants Program

The Centers for Disease Control and Prevention (CDC) continues its long-standing dedication to improving the health and wellness of all Americans with the Community Transformation Grants (CTG) program. CDC supports and enables communities to identify their leading health problems and design programs that work for them. The CTG program gives communities the opportunity to develop and implement initiatives to prevent chronic diseases, the leading causes of death and disability.

The CTG program's goal is to create healthier communities by making healthy living easier and more affordable where people work, live, learn, and play. The CTG program will improve the health of the nation by improving weight, nutrition, physical activity, tobacco use, and emotional well-being and overall mental health.

The CTG program is funded by the Affordable Care Act's Prevention and Public Health Fund and is expected to run for five years and reach more than 1 in 3 U.S. citizens—about 120 million Americans.

### Chronic Disease in the United States

Chronic diseases cause 7 out of 10 deaths among Americans each year, and nearly half of adults have at least one chronic illness. Three of every four dollars spent on health care in the United States are related to chronic diseases. The indirect costs of chronic conditions—including missed days of work or school, disability, and reduced work output—may be several times higher than the direct medical costs.

### Investing in Healthier Communities Across the Country

The CTG program awarded \$103 million to 61 state and local government agencies, tribes and territories, and nonprofit organizations in 36 states, along with \$4.2 million to 7 national networks of community-based organizations. Awardees are engaging partners from multiple sectors, such as education, transportation, and business, as well as faith-based organizations. They also are providing sub-awards to community-based organizations to ensure broad participation in creating community change. Additionally, \$25 million is being used to support awardees with evaluation, communication, and technical assistance and training.

- Implementation awards were made to 35 communities to apply proven programs and policies to improve their community's health and wellness.
- Capacity-building awards were made to 26 communities to build a solid foundation for community prevention efforts to ensure long-term success.
- Awards were made to 7 national networks to engage community members and to help extend CTG program work across the nation, particularly in rural and frontier areas and communities that face significant barriers to better health. National networks are focusing in two areas:
  1. Dissemination awards will support, disseminate, and amplify the evidence-based strategies of the CTG program nationally.



2. Acceleration awards are intended to help spread CTG program work across the country and, in particular, to help reach rural and frontier regions and areas with health disparities.

**Twenty percent of all CTG program funding is directed at programs and policies in rural or frontier areas.**

### Focusing on Priorities for Healthier Living

All awardees are improving health and wellness with strategies that focus on:

1. Tobacco-free living
2. Active living and healthy eating
3. High-impact quality clinical and other preventive services to prevent and control high blood pressure and high cholesterol

Awardees may also focus on disease prevention and health promotion, including social and emotional wellness (such as facilitating the early identification of mental health needs and access to quality services) and healthy and safe physical environments.

Examples of specific community interventions include:

- Instituting standards-based physical education instruction in schools
- Promoting healthy eating by supporting local farmers and developing small grocery stores where people live
- Protecting people from secondhand smoke exposure
- Improving community environments to make it safe and easy for people to walk and ride bikes

### Reaching More Americans in Smaller Communities

The CTG program is making life healthier for Americans across the country through its Small Communities Program. The CTG program reaches Americans where they work, live, learn, and play whether it is in a large city or a rural town. In an effort to reach more people, new funding is available to towns, counties, neighborhoods, and community-based organizations of 500,000 residents or less. The expansion ensures that more Americans benefit from healthier environments and have access to healthier options.

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## Community Transformation Grants Program

Implementation States and Communities	Award Amount
Broward Regional Health Planning Council (Florida)	\$1,766,476
City of Austin Health and Human Services Department (Texas)	\$1,026,158
County of San Diego Health and Human Services Agency (California)	\$3,053,793
Denver Health and Hospital Authority (Colorado)	\$610,345
Douglas County Health Department (Nebraska)	\$510,199
Hennepin County Human Services and Public Health Department (Minnesota)	\$1,156,212
Illinois Department of Public Health	\$4,781,121
Iowa Department of Public Health	\$3,007,856
Los Angeles County Department of Public Health (California)	\$9,848,011
Louisville Metro Department of Public Health and Wellness (Kentucky)	\$721,594
Maine Department of Health and Human Services/Maine CDC	\$1,318,301
Maryland Department of Health and Mental Hygiene	\$1,945,289
Massachusetts Department of Public Health	\$1,505,006
Massachusetts Department of Public Health (Middlesex County)	\$1,574,982
Mid-America Regional Council Community Services Corporation (Missouri)	\$705,708
Minnesota Department of Health	\$3,603,724
Montana Department of Public Health and Human Services	\$769,195
New Mexico Department of Health	\$1,500,000
North Carolina Division of Public Health	\$7,466,092
Oklahoma City-County Health Department	\$716,704
Philadelphia Department of Public Health (Pennsylvania)	\$1,547,297
Public Health Institute (California)	\$5,926,365
San Francisco Department of Public Health (California)	\$815,358
Sault Ste. Marie Tribe of Chippewa Indians (Michigan)	\$500,000
South Carolina Department of Health and Environmental Control	\$4,624,724
South Dakota Department of Health	\$812,383
Southeast Alaska Regional Health Consortium	\$499,588
Tacoma-Pierce County Health Department (Washington)	\$796,836
Texas Department of State Health Services	\$10,000,000
The Fund for Public Health in New York	\$8,391,881
University Health Services, University of Wisconsin-Madison	\$4,695,253
University of Rochester Medical Center (New York)	\$733,703
Vermont Department of Health	\$621,760
Washington State Department of Health	\$3,256,347
West Virginia Bureau for Public Health	\$1,883,603

Learn more at: [www.cdc.gov/communitytransformation/funds/programs.htm](http://www.cdc.gov/communitytransformation/funds/programs.htm).

National Networks	Award Amount
American Lung Association	\$800,000
American Public Health Association	\$300,000
Asian Pacific Partners for Empowerment, Advocacy and Leadership	\$300,000
Community Anti-Drug Coalitions of America	\$300,000
National Farm to School Network at Occidental College	\$300,000
National REACH Coalition	\$900,000
YMCA of the USA	\$1,300,000

Learn more at: [www.cdc.gov/communitytransformation/network/funded.htm](http://www.cdc.gov/communitytransformation/network/funded.htm).

Capacity-Building States and Communities	Award Amount
Austen BioInnovation Institute (Ohio)	\$500,000
Bernalillo County Office of Environmental Health (New Mexico)	\$497,353
Cobb Public Health (Georgia)	\$499,000
Confederated Tribes of The Chehalis Reservation (Washington)	\$498,663
Connecticut Department of Public Health	\$493,891
County of Kern, Public Health Services Department (California)	\$416,577
Fairfax County Department of Neighborhood and Community Services (Virginia)	\$499,559
Fresno County Department of Public Health (California)	\$499,695
Great Lakes Inter-Tribal Council, Inc. (Wisconsin)	\$499,982
Houston Department of Health and Human Services (Texas)	\$500,000
Lancaster General Health (Pennsylvania)	\$233,577
Louisiana Department of Health and Hospitals	\$500,000
My Brother's Keeper, Inc. (Mississippi)	\$500,000
New Jersey Prevention Network	\$500,000
North Dakota Department of Health	\$370,684
Public Health-Dayton and Montgomery County (Ohio)	\$180,246
Sierra Health Foundation (California)	\$499,229
Sophie Trettevick Indian Health Center (Washington)	\$218,929
Spectrum Health Hospitals (Michigan)	\$333,321
Stanislaus County Health Services Agency (California)	\$293,899
Toiyabe Indian Health Project (California)	\$500,000
Ulkerreuil A Klengar (Republic of Palau)	\$147,106
Unlawful Narcotics Investigation Treatment Education, Inc. (UNITE) (Kentucky)	\$500,000
Utah Department of Health	\$499,366
Ventura County Public Health (California)	\$481,036
Yukon-Kuskokwim Health Corporation (Alaska)	\$193,340

Learn more at: [www.cdc.gov/communitytransformation/funds/programs.htm#capacity](http://www.cdc.gov/communitytransformation/funds/programs.htm#capacity).

### For More Information

For more information about the Community Transformation Grants program, visit: [www.cdc.gov/communitytransformation](http://www.cdc.gov/communitytransformation) or call 800-CDC-INFO (800-232-4636).